



**October 2017 Activity Schedule**

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|--|--|---|
| <b>International Post Card Week</b>  |   |  |  |   |
| <b>Name Your Car Day</b> <span style="font-size: 2em; float: right;">2</span><br>Coffee/Juice<br>Pencil to Paper<br>Cards<br>Mat Workout<br>                        | <b>Nat'l Boyfriend Day</b> <span style="font-size: 2em; float: right;">3</span><br>Zentangle<br>News Flash<br>Hi-Q<br>Walk the Track<br>                             | <b>Taco Day</b> <span style="font-size: 2em; float: right;">4</span><br>On This Day<br>Hangman<br>Nu-Step<br>Snack<br>                         | <b>Do Something Nice Day</b> <span style="font-size: 2em; float: right;">5</span><br>Don't Panic<br>Group Exercise<br>Santas Workshop<br>Arm Bike<br>                                   | <b>Mad Hatter Day</b> <span style="font-size: 2em; float: right;">6</span><br>Brew Time<br>Bop It<br>Uno<br>Walking Laps<br>   |
| <b>National Newspaper Week</b>   |   |  |  |   |
| <b>American Cheese Day</b> <span style="font-size: 2em; float: right;">9</span><br>Fact or Fiction<br>Arm Bike<br>BLBC<br>Prayer Service<br><b>Columbus Day</b><br> | <b>Handbag Day</b> <span style="font-size: 2em; float: right;">10</span><br>Cake Decorating Dem<br>The Price is Right<br>Card Sharks<br>Nu-Step<br>                  | <b>Fossil Day</b> <span style="font-size: 2em; float: right;">11</span><br>Juice Up<br>What Would You Do<br>Mat Workout<br>Fossil Talk<br>     | <b>Free Thought Day</b> <span style="font-size: 2em; float: right;">12</span><br>Coffee Grounds<br>Your Opinion Counts<br>Jenga<br>Walk the Track<br><b>Fall Foliage Field Trip</b><br> | <b>Train Your Brain Day</b> <span style="font-size: 2em; float: right;">13</span><br>Bingo<br>Hi/Low<br>Coloring<br>Group Workout<br><b>Flu Shots Today 2pm</b><br>"THINK"<br> |
| <b>Freedom of Speech Week</b>  |   |  |  |   |
| <b>Dictionary Day</b> <span style="font-size: 2em; float: right;">16</span><br>Weekend News<br>Hangman<br>Scrabble<br>Walking Laps<br>Boss's Day<br>               | <b>National Pasta Day</b> <span style="font-size: 2em; float: right;">17</span><br>Coffee/Tea<br>Pasta Bingo<br>Keep the Beat<br>Arm Bike<br>                       | <b>Chocolate Cupcake Day</b> <span style="font-size: 2em; float: right;">18</span><br>Juiced Up<br>Bingo<br>Nu-Step<br>BLBC<br>               | <b>Get To Know You Day</b> <span style="font-size: 2em; float: right;">19</span><br>Wedding Activity<br>Craft Show Ready<br>Fall Weddings<br>Group Exercise<br>                        | <b>National Cat Day</b> <span style="font-size: 2em; float: right;">20</span><br>Crossword Puzzle<br>BLBC<br>Bago<br>Mat Workout<br>  |
| <b>National Massage Therapy Awareness Week</b>   |   |  |  |   |
| <b>Boston Cream Pie Day</b> <span style="font-size: 2em; float: right;">23</span><br>Coffee Grounds<br>Crafting<br>Dot to Dot<br>Group Workout<br>                | <b>Nat'l Bologna Day</b> <span style="font-size: 2em; float: right;">24</span><br>Word Search<br>Parachute<br>Snack<br>Mat Workout<br><b>Passport to India</b><br> | <b>Greasy Food Day</b> <span style="font-size: 2em; float: right;">25</span><br>Tea Time<br>News Update<br>Don't Panic<br>Walk the Track<br> | <b>National Pumpkin Day</b> <span style="font-size: 2em; float: right;">26</span><br>Bean Me Up<br>Sing-a-long<br>Nu-Step<br>Dominos<br>  | <b>Frankenstein Friday</b> <span style="font-size: 2em; float: right;">27</span><br>Pumpkin Cra<br>Jenga<br>Devotions<br>Arm Bike<br>  |
| <b>Candy Corn Day</b> <span style="font-size: 2em; float: right;">30</span><br>Chill Out Monday<br>All Things Orange<br>Hangman<br>Nu-Step<br>                    | <b>Happy Halloween</b> <span style="font-size: 2em; float: right;">31</span><br>Knock Knock Jokes<br>Halloween Party<br>Ghost Stories<br>Spooky Laps<br>           | <b>Everyday:</b><br>Coffee and Chat   BLBC<br>Nutritous Meal<br><u>Walking Track</u><br><b>Mondays &amp; Fridays:</b><br>Prayer Service  | <b>Always Available:</b> Word Search, Coloring, Cards, Wii-Bowling, Karaoke, Puzzles, Dominos, Bingo, Computer Ctr, Harmonize, Exercise, Socialize   |    |

