



Naperville Senior Center, Adult Day Services

December 1, 2023 | Another Christmas Miracle

December 2023 Newsletter

As we near the end of the year, and the upcoming holidays including Christmas, we must always be aware of the increased potential of our seniors being the victims of scams.

According to the FBI's latest Internet Crime Report, Americans over the age of 60 lost \$1.7 billion to fraud last year. That's the highest loss amount reported out of any age group.

The Grandparent Scam. Your grandson didn't go to Mexico. Hang up and call your kid or your grandchild. They are not in danger.

The Elder Romance Scam. You are not going to meet your next soul mate this year. The scammer will request gift cards or cash. Hang up.

The Sweepstakes Scam. You didn't win the Publisher's Clearinghouse jackpot. Hang up and call the real clearinghouse to get a list of winners.

The Social Security Scam. The Government will never call you to collect money. Hang up. Your social security number will never be suspended.

False Investment Schemes. Go with your gut, if it sounds too good to be true, it is indeed a hoax.

For more, google "12 Alarming Senior Citizen Scams," and keep your seniors safe this Holiday Season.



Top Of The Second

Naperville Senior Center Adult Day Services, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

Our fun, member-centered activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

Full-Day or Half-Day Programs available to fit your family's busy schedule.



What sets Naperville Senior Center Adult Day apart is our wonderful Community. Members truly enjoy being together and help each other enjoy the day's activities, including a biggie group dice game of Bunco, or a large group exercise led by our world class staff.



We are grateful to our Members, their families, our staff and families, volunteers, suppliers and colleagues for all the support we have received during our first nine years in business.

We look forward to the next part of this awesome adventure.

The best is yet to come.

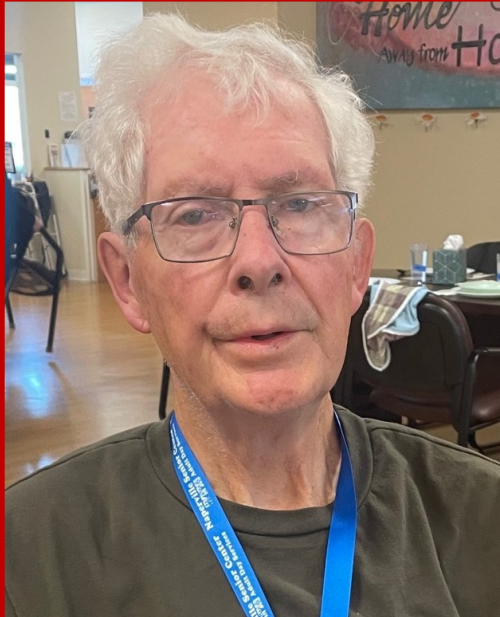
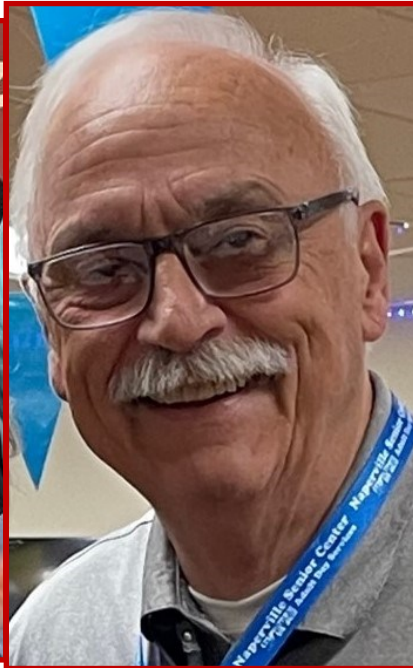
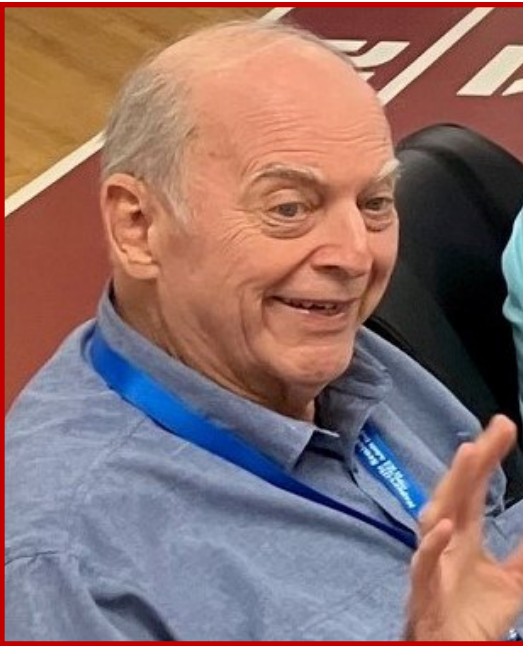
- **Fun Activities & Exercises**
(supervised by Therapist)
- **Caregiver Support**
- **Nutritious Meals & Snacks**
- **Affordable Daily Care**
- **630.857.3017**
- *Donations for any amount gratefully appreciated*



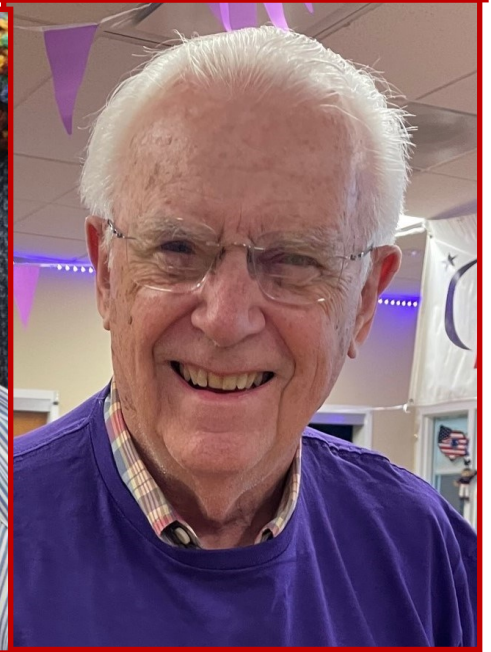
Students from Lewis University, Midwestern University, Aurora University, Governor's State University, and Nequa High School, along with our world class staff, keep our Members engaged all day long with fun purposeful activities including singing, reading out loud, water coloring, painting, making Christmas decorations, and "Baking with Jenn."

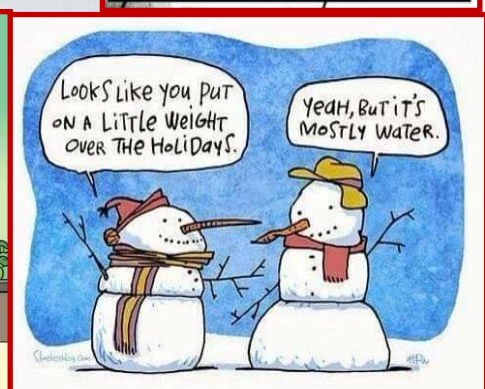
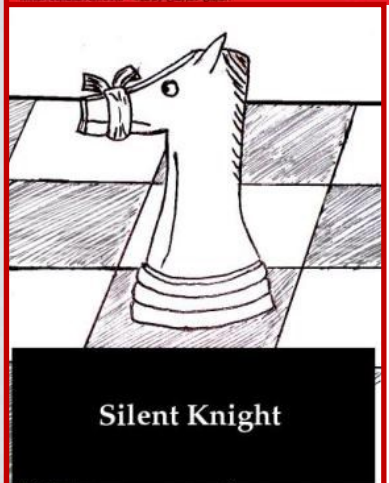
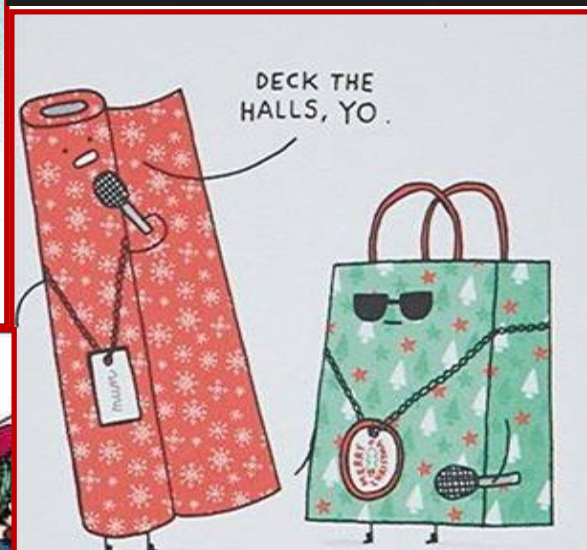
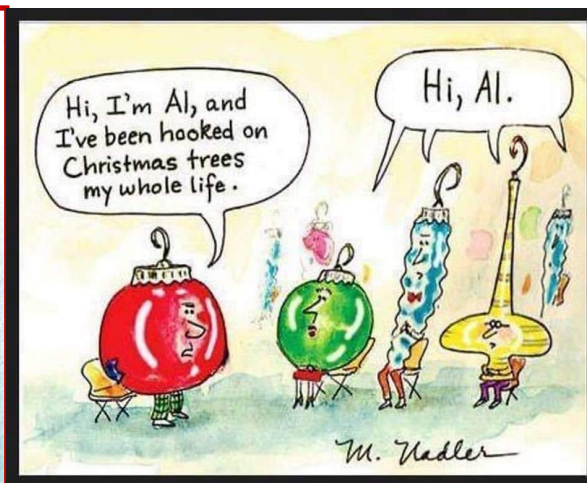






Salute to our
Naperville
Senior Center
Veterans





Contact Us:

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Adult Day Services
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DECEMBER

2023 Activity Schedule



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Naughty or Nice Day Santa Beard Craft Naughty or Nice Game Edible Christmas Coal		Walt Disney Day Walt Disney Wheel of Fortune 2pm Duke		St Nicholas Day Fun Facts About St Nicholas Stocking Craft 2pm Bingocize		Pearl Harbor Day Virtual Field Trip Pearl Harbor 2pm Prayer w Dick		Brownie Day Baking w/ Jenn		Ugly Sweater Day Photo Booth History of Ugly Sweaters Puzzle		Ugly Sweater Day Photo Booth History of Ugly Sweaters Puzzle	
Let It Snow Day Snowball Fight Snowflake Craft Hot Cocoa Social		Frank Sinatra Day Ole Blue Eyes SingALong Wear Blue Rat Pack Quiz		Winter Wonderland Wednesday Play In The Snow Puzzle Snowman Craft 2pm Bingocize		Grapevine Day "I Heard It Through The Grapevine" Baking w/Jenn Oatmeal Cookie Music w/Fruit 2pm Prayer w Dick		The Snow Ball An Enchanting Afternoon Wear Blue Attire Ball Room Dancing "It's A Wonderful Life"		Buh-Buy 2023 Happy Noon Year's Party That's A Wrap Day Wrapping Contest All Wrapped Up Card Game A Means To An "END" Puzzle		Ugly Sweater Day Photo Booth History of Ugly Sweaters Puzzle	
Baking Cookies Day Baking w/Jenn Sugar Cookies		Believe It Or Not Day True Or False Quiz Two Truths And A Lie 2pm Duke		Go Caroling Day Carol Categories Singing Christmas Carols Carol Bingo		Christmas Party Pictures with Santa Christmas Sweater Day 2pm Prayer w Dick		Card Playing Day Play With A Full Deck Day Card Castle Solve Poker Wish And Puzzle 2pm Prayer w Dick		Fruitcake Day History of Fruitcake Fruit Cake Baker Puzzle "Nuttie As A Fruitcake" Similes		Card Playing Day Play With A Full Deck Day Card Castle Solve Poker Wish And Puzzle 2pm Prayer w Dick	
Christmas Day Merry Christmas! Not Open		Candy Cane Day Candy Cane Puzzle Candy Cane Craft		Fruitcake Day History of Fruitcake Fruit Cake Baker Puzzle "Nuttie As A Fruitcake" Similes		Card Playing Day Play With A Full Deck Day Card Castle Solve Poker Wish And Puzzle 2pm Prayer w Dick		Buh-Buy 2023 Happy Noon Year's Party That's A Wrap Day Wrapping Contest All Wrapped Up Card Game A Means To An "END" Puzzle		Ugly Sweater Day Photo Booth History of Ugly Sweaters Puzzle		Ugly Sweater Day Photo Booth History of Ugly Sweaters Puzzle	

Special Events

Festive Apparel Days
 12 Tuesday: Blue
 15 Friday: Ugly Sweaters
 21 Thursday: Christmas Sweaters
 22 Friday: Anything Blue

December 21
 Christmas Party
December 25
 Christmas | Not Open
December 29
 Noon Years' Party

Duke & Moe
Tuesday
December 5, 19
2:00 PM



Available Activities include:

Physical Therapy Stations,
 Daily Journal, Jokes, & Riddles,
 Bago, BINGO, Bunco, Baking,
 Hair Care, Shower Service,
 Hot Meal, Nu-Step, Field Trips,
 Oscar Awards, Olympic Events,
 Puzzles, Coloring, Ping Pong,
 Painting, Computer, Chair Yoga,
 Multigenerational Celebrations,
 Gardening, Karaoke, Wii Fit,
 Outdoor Patio, Lap Walking,
 Nerf Gun Certification, Crafts,
 Basketball Arcade, Baseball,
 Harmonizing, Improvising,
 Socializing, and Exercising.

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