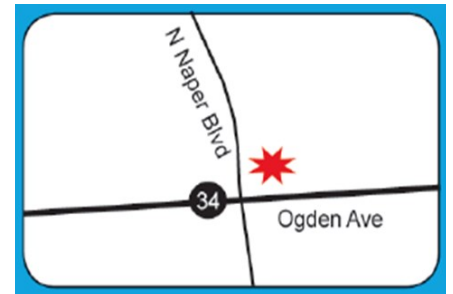




- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- 630.857.3017

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



Naperville Senior Center Adult Day Newsletter | January 2025 | Another Year | Blink of an Eye

2024 Year In Review!! Come Join The Fun!!



Call 630.857.3017 to schedule a FREE TRIAL. From 11 am to 2 pm, a Future Member and their Caregiver can attend for FREE.

Check out our wonderful Community, Member Centered Activities, and meet our Professional Health Care Team. Enjoy a Nutritious Lunch and maybe even meet our Pet Therapy Partner, Duke!

(630) 857-3017... Schedule a FREE Trial

Top of the Second: Happy Noon Year!



Naperville Senior Center Adult Day Services, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

Our fun, member-centered activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

Full-Day or Half-Day Programs available to fit your family's busy schedule.



Pam & Mike Cooper
Your Hosts!

Naperville Senior Center Adult Day Care is grateful to be part of your Caregiving Team.

5.0 ★★★★★ How Naperville Senior Center Adult Day Can Help... Our Members:

- ◆ Skilled Nursing Care, Julie & Lee Ann
 - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
 - ◆ Maintain or Improve Functionality
- ◆ Activity Directory, Jenn, Dementia Certified
 - ◆ Member Centered Activities | Pet Therapy
 - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor: Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ *Long Term Care Insurance Accepted*



Pet Therapy Dog Duke & Moe. Ugley Sweater Contest. Purposeful Member Centered Activity: Christmas Stocking Craft.



Here Comes Santa Claus! He Knows Everybody Is Nice. Naperville Senior Center Team.



Julie, Jenn, Ralph, Ana, Lee Ann, Paige, Sophia, Pam, and Mike!

Pirates. Dance Party. Olympics. Wheel Chair Races. Medal Ceremony. Balloon Volleyball. Airplane Race. Happy Birthday!



2024 EPIC Oscar Awards Ceremony!



Happy Birthday! Jenn's Tree. Luau. Bubbles. Do You Like My Hat? Lewis University Speech Students and Members.

