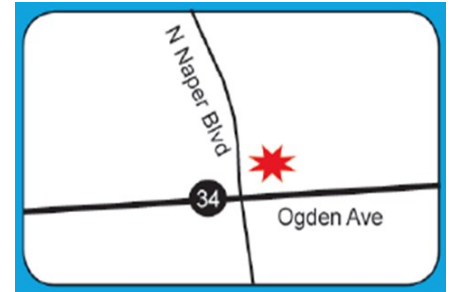




- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- 630.857.3017

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



Naperville Senior Center Adult Day May 2025 | Call 630.857.3017 To Schedule A FREE TRIAL!

Affordable Daily Adult Day Care | Come Join The Fun!!



Call 630.857.3017 to schedule a FREE TRIAL.

From 11 am to 2 pm, a Future Member and their Caregiver can attend for FREE.

Check out our wonderful Community, Member Centered Activities, and meet our Professional Health Care Team. Enjoy a Nutritious Lunch and maybe even meet our Pet Therapy Partner, Duke!

First Day of Baseball



(630) 857-3017... Schedule a FREE Trial

Top of the Second: Come Join The Fun!



Naperville Senior Center Adult Day Services, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

Our fun, member-centered activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

Full-Day or Half-Day Programs available to fit your family's busy schedule.

Fun Activities Include:
Dancing, Baseball Games, BINGO,
Oscar Awards, Olympic Games, BUNCO,
Basketball Tourney, Baking With Jenn,
Chair Yoga, Mini Golf, & Lots More Fun



Pam & Mike Cooper
Your Award Winning Hosts!

Naperville Senior Center Adult Day Care is grateful to be part of your Caregiving Team.

5.0 ★★★★★ How Naperville Senior Center Adult Day Can Help... Our Members:

- ◆ Skilled Nursing Care, Julie & Lee Ann
 - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
 - ◆ Maintain or Improve Functionality
- ◆ Activity Director, Jenn, Dementia Certified
 - ◆ Member Centered Activities with Ralph and Ana
 - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor: Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ *Long Term Care Insurance Accepted*



2025 MAY

Activity Schedule

Monday

Tuesday

Wednesday

Thursday

Friday



May Flowers



Naperville Senior Center Adult Day Services

Fitness & Activity



Cinco De Mayo
Morning Spelling Bee
AM Lotteria Game
Jiffy Maracas Craft | Pinata WaterColor | Crossword

Celebrating Irvin Berlin
Sing-A-Long
Money & Music Crossword
Balloon Volleyball



Backyard Games
Begins w/ "G"
Volleyball | Golf
Bago | Ring Toss
BINGO



Memorial Day
Not Open



Happy B-Day
Johnny Unitas
Football Toss Game
Football Trivia
Who Am I? | Duke @2

Mother's Day Week

Mod Podge Day
MOD PODGE
Take Photographs Week



Red Cross Founded
Red Themed Trivia
All Things Red Crossword
Sing A Long
Wear Red



Salad Week

Senior Health & Fitness
Be Fit & Factual
>Spring Edition
PM Yoga
PM Twister Trivia



Welcome To May
Famous May Birthdays
Monthly Gazette
Water Color
May IQ | Dick @2



Have A Coke Day
Price Is Right Game
Taste Test
Popular Slogans
Dick @2



What's All The Racket About Day?
Word Games | Table Tennis
Wheel Of Fortune
Sport BINGO
Dick @2



Maritime Day
Great Lakes Postcard
Great Lakes Workout
Categories Game
Dick @2



Help Me Rhonda
Balloon Volleyball &
Beach Boy Tunes
Beach Craft
Dick @2



Ongoing Activities

Available Activities include:

- Physical Therapy Stations,
- Daily Journal, Jokes, & Riddles,
- Bago, BINGO, Bunco, Baking,
- Hair Care, Shower Service,
- Hot Meal, Nu-Step, Field Trips,
- Oscar Awards, Olympic Events,
- Puzzles, Coloring, Ping Pong,
- Painting, Computer, Chair Yoga,
- Multigenerational Celebrations,
- Gardening, Karaoke, Wii Fit,
- Outdoor Patio, Lap Walking,
- Nerf Gun Certification, Crafts,
- Basketball Arcade, Baseball,
- Harmonizing, Improvising,
- Socializing, and Exercising.



Award Winning Care

Naperville Senior Center Adult Day Services | 1504 N Naper Blvd. Suite 120 | Naperville, IL 60563
NapervilleSeniorCenter.com | info@napervilleseniorcenter.com | 630.857.3017