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JULY

Activity Schedule



Naperville Senior Center
Adult Day Services

Fitness & Activity

Monday

Tuesday

Wednesday

Thursday

Friday



Welcome to July
Famous July Birthdays
Morning Gazette
Watercolor
July IQ



Happy Birthday America!!!

Pool Noodle Day
Pool Noodle Games
Noodle Stamp Art
Begins w/'P'
Duke 2pm



Early Celebration
Red White & Blue Trivia
Patriotic Sing-a-Long
4th of July Puzzles
State Game | 2pm Dick

Happy Fourth of July
Not Open

Special Events

7/4 July 4th: Not Open
7/15 Christmas in July
7/28 Cowboy Day
Wear Cowboy Clothes

God Bless America

Lucky 7 Day
Scavenger Hunt
Casino Event
7 Puzzle



Cow Appreciation Day
Wear Black & White
Cow Milking Competition
Cow Parada Painting
Cow Crossword



Sugar Cookie Day
Junk Drawer Detective
Baking w/Jenn
July Picture It



Full Moon Day
Baking: mini moon pies
Full Moon Painting
Sing-a-Long
2pm Dick



Family Feud Day
TV Shows Theme Songs
Afternoon Bingo
NSC Survey



Dick

2 PM Thursdays

Duke & Mo

July 2: Wednesday
July 29: Tuesday
2 PM

Summertime

Summer Songs Day
Morning Sing-a-Long
PM Music BINGO
Word Match



Christmas in July
Snowball Fight
~ Hot Chocolate
Candy Cane Crafts
Christmas Carols
Pokeno w/Nancy



Hula Hoop Day
Hula Hoop Games
Price is Right Toy Edition
Water Color



Disneyland's B-day
How Many Can You Name
Twister Trivia
Who Am I?
Sing-a-Long
2pm Dick



Breyer's Ice Cream
Ice Cream Secret Quote
Can You Picture This?
Hangman



Summertime

Lollipop Day
Balloon Volleyball
Lollipop Bouquet
Begins w/L



Casual Pi Day
Math Games
Math Riddles
Snake Eyes
Pokeno w/Nancy



Get Outside Day
Crossword Puzzle
Open Air Open Mic Day
Great Outdoorsman Quiz



Take Care of Yourself
Yoga Meditation
Back Rubs | Hand Massage
Sing-a-Long
Coloring
2pm Dick

Rock 'n' Roll Day
Rock Song Word Math
Who Are We?
BINGO



Dog Days of Summer

Cowboy Day
Wanted Dead or Alive
Photo Frame
Wild West Pass It On &
Crossword Puzzle
Horse Races
Wear Cowboy Clothes



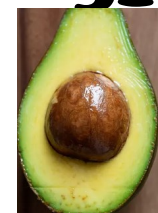
Mutt Day
Bring in Dog Pictures
Fetch Categories Game
Make Dog Toys
Where Am I?
Duke 2pm



Friendship Day
Friendship Necklaces
Famous Friends
Sing-a-Long
Group Craft



Avocado Day
Guacamole Dip
Baking w/???
Afternoon facials
Craft
2pm Dick



Available Activities include:

Physical Therapy Stations,
Daily Journal, Jokes, & Riddles,
Bago, BINGO, Bunco, Baking,
Hair Care, Shower Service,
Hot Meal, Nu-Step, Field Trips,
Oscar Awards, Olympic Events,
Puzzles, Coloring, Ping Pong,
Painting, Computer, Chair Yoga,
Multigenerational Celebrations,
Gardening, Karaoke, Wii Fit,
Outdoor Patio, Lap Walking,
Nerf Gun Certification, Crafts,
Basketball Arcade, Baseball,
Harmonizing, Improvising,
Socializing, and Exercising.