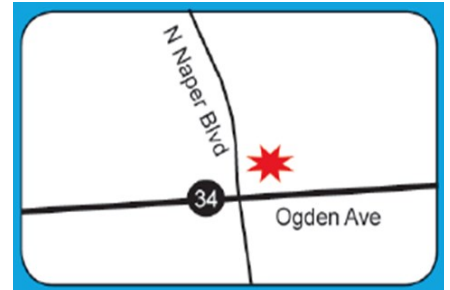




- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- **630.857.3017**

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



Naperville Senior Center Adult Day August 2025 | Call 630.857.3017 To Schedule A FREE TRIAL!

Schedule A FREE TRIAL | Come Join The Fun!!



Call 630.857.3017 to schedule a FREE TRIAL. From 11 am to 2 pm, a Future Member and their Caregiver can attend for FREE. Check out our wonderful Community, Member Centered Activities, and meet our Professional Health Care Team. Enjoy a Nutritious Lunch and maybe even meet our Pet Therapy Partner, Duke!



(630) 857-3017... Schedule a FREE Trial

Top of the Second: Come Join The Fun!



Fun Activities Include:

Dancing, Baseball Games, POKINO, Oscar Awards, Olympic Games, BAGO, Basketball Tourney, Water Coloring, Chair Yoga, Mini Golf, & Lots More Fun

Naperville Senior Center Adult Day Services, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

Our fun, member-centered activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

Full-Day or Half-Day Programs available to fit your family's busy schedule.



**Pam & Mike Cooper
Your Hosts!**

Naperville Senior Center Adult Day Care is grateful to be part of your Caregiving Team.

5.0 ★★★★★ How Naperville Senior Center Adult Day Care Can Help... Our Members:

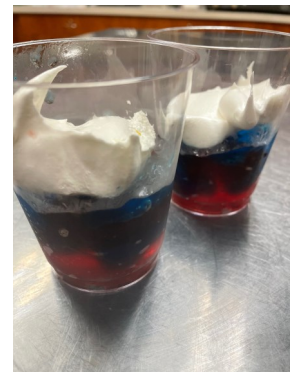
- ◆ Skilled Nursing Care, Julie & Lee Ann
 - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
 - ◆ Maintain or Improve Functionality
- ◆ Activity Director, Jenn, Dementia Certified
 - ◆ Member Centered Activities with Ralph and Ana
 - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor: Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ *Long Term Care Insurance Accepted*



**Lots of
Fun
Baking!!**



Activity Schedule

August



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Special Events

1
Welcome August
 Monthly Gazette
 Famous-Birthdays
 August IQ | Starts with "A"
 Football Target & Trivia
 RootBeer Float (outside/music)

4
Bargain Hunting
 Coupon Searching
 Rummage Sale Field Trip??
 Run The Alphabet

5
Klondike Gold Rush Day
 Gold Rush History
 Rice Krispy Gold Nugget
 Get the Gold Game
 Nancy @2 Pokeno
 Gold Coin Toss Game

11
Melon Monday
 Melon Facts & Types
 Melon Crossword
 Fruit Jokes
 Melon Snacks

19
World Photo Day
 Water Coloring
 Watermelon Snack & Facts
 Who Am I?
 Axe Throwing | Duke @2

18
Keep Your Cool Day
 Kool Aid & Cool Whip
 Beat The Heat Word Search
 BINGO | BAGO
 Basketball | Golf

20
NFL's Birthday
 Guess Player & Team
 Pigs In A Blanket
 Pokeno

25
Wizard of Oz Day
 Wizard of Oz Trivia
 Wizard of Oz BINGO
 Who Am I

26
Cherry Popsicle Day
 Popsicle Greeting Craft
 Who/What Am I?
 Ball Drop Game
 Finish The Sentence
 Nancy@2 Pokeno
 Expressions Quiz

6
Happy Birthday Lucy
 Famous Lucy Episodes
 I Love Lucy Trivia
 Name That Tune
 Pokeno

13
Little League World Series
 TWISTER Trivia
 Sweet Tooth Detective
 Let's Play Ball
 Duke @2

20
Keep Your Cool Week

27
Banana Lover's Day
 Baking w/Bananas
 Banana Trivia and Facts
 Balloon Volleyball
 Name That Tune

8
Bowling Day
 Bowling Competition
 Matching Bowling Items
 Mixed-up-
 Bowling Puzzles

14
Creamsicle Day
 Creamsicle History
 Baking: Orange Cookies
 PM BINGO
 Dick@2

21
Let's Luau
 Hawaiian Punch Game
 Surf's Up Craft
 Chair Hula | Fun Facts
 Dick @2

28
Ringer Day
 Game of Horseshoes
 Horseshoe Decor
 What Am I
 Stickman
 Dick @2

8
8/21 Let's Luau
 Wear Hawaiian Shirt

15
Woodstock Anniversary
 Rock N Roll BINGO
 Rock N Roll Bowling
 Woodstock Music CD's

22
Sunflower Day
 Flower Trivia
 Van Gogh Sunflower-
 Watercolor
 Sunflower Craft

29
Chuckwagon Races
 Horse Racing Game
 Western Games/Sing-a-Long
 Country Music BINGO
 Cowboys Wordsearch
 Horseshoes

Duke & Mo

August 6: Wednesday
 August 19: Tuesday
 2 PM

Available Activities include:
 Physical Therapy Stations,
 Daily Journal, Jokes, & Riddles,
 Bago, BINGO, Bunco, Baking,
 Hair Care, Shower Service,
 Hot Meal, Nu-Step, Field Trips,
 Oscar Awards, Olympic Events,
 Puzzles, Coloring, Ping Pong,
 Painting, Computer, Chair Yoga,
 Multigenerational Celebrations,
 Gardening, Karaoke, Wii Fit,
 Outdoor Patio, Lap Walking,
 Nerf Gun Certification, Crafts,
 Basketball Arcade, Baseball,
 Harmonizing, Improvising,
 Socializing, and Exercising.

Naperville Senior Center Adult Day Services | 1504 N Naper Blvd. Suite 120 | Naperville, IL 60563
 NapervilleSeniorCenter.com | info@napervilleseniorcenter.com | 630.857.3017