



- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- 630.857.3017

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



Naperville Senior Center Adult Day **October 2025 | Call 630.857.3017 To Schedule A FREE TRIAL!**

Member Centered Activities!! | Lots of Fun!!



Flower arrangements. Baking w/Ashley. Outdoor Twister Trivia. Walk The Plank. Table Activity w/ Lewis Univ Students.

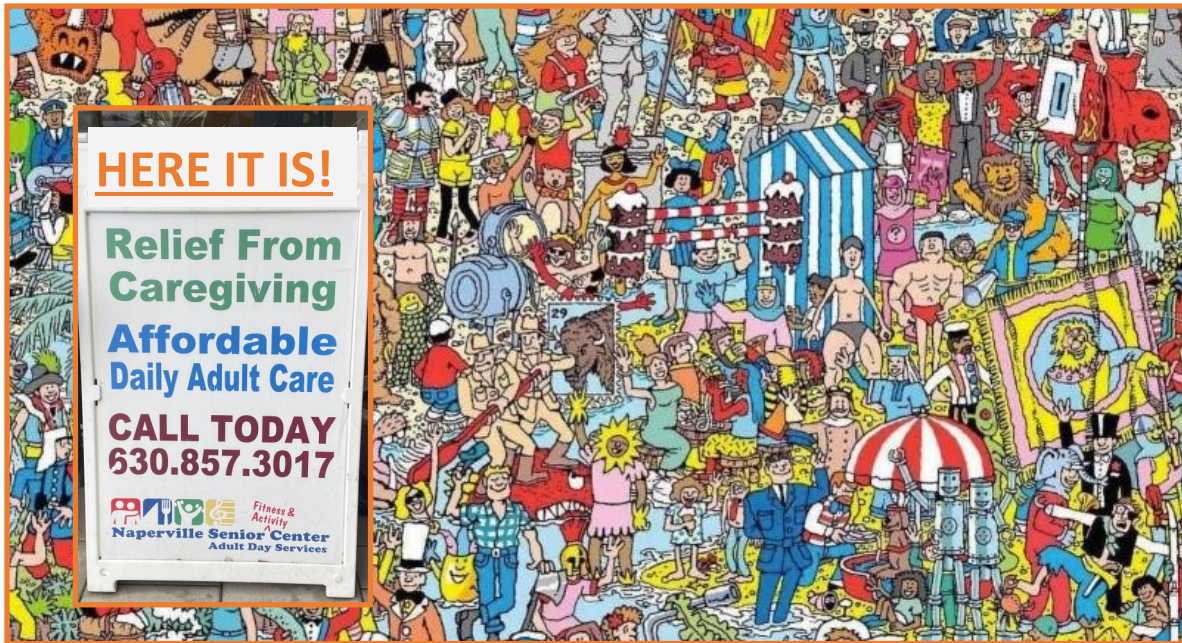


Call 630.857.3017 to schedule a FREE TRIAL. From 11 am to 2 pm, a Future Member and their Caregiver can attend for FREE. Check out our wonderful Community, Member Centered Activities, and meet our Professional Health Care Team. Enjoy a Nutritious Lunch and maybe even meet our Pet Therapy Partner, Duke!



(630) 857-3017... Schedule a FREE Trial

Top of the Second: What Are You Looking For?



Naperville Senior Center Adult Day Services, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

Our fun, member-centered activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

Full-Day or Half-Day Programs available to fit your family's busy schedule.



**Pam & Mike Cooper
Your Hosts!**

Naperville Senior Center Adult Day Care is grateful to be part of your Caregiving Team.

5.0 ★★★★★ How Naperville Senior Center Adult Day Can Help... Our Members:

- ◆ Skilled Nursing Care, Julie & Lee Ann
 - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
 - ◆ Maintain or Improve Functionality
- ◆ Activity Director, Ashley, Dementia Certified
 - ◆ Member Centered Activities with Ralph, Sophia, Karan and Ana
 - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor: Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ ***Long Term Care Insurance Accepted***



Talk Like A Pirate Day > September 19, 2025

Talk Like A Pirate Day! Swords UP!

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2
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October

Activity Schedule



Naperville Senior Center
Adult Day Services

Fitness & Activity

Monday



Skeleton Day
Lucky Dog Card Game
Collage Detective
Skeleton Craft
BUNCO

Tuesday

Pokeno With Nancy
Every Tuesday @ 2 PM



World Smile Day
Twister Trivia
Odd One Out
Dice BINGO
3's Away



Wednesday

Welcome October
October Trivia
Morning Gazette
Starts with "O"
Fall Crossword
Uno



Spooktacular Week

Spy Day
Find The Hidden Object
Card Dice Matching Game
Spy History
iSpy | Duke @2



Thursday

Music Day
50's & 60's Music BINGO
3 Letter Word Rhyming
Golf Dice
iSpy
2pm Prayer Time w/Dick



Bat Day
Give Me Five | BINGO
Bat Craft
Bat Facts
2pm Prayer Time w/Dick



Friday

Boost Your Brains
Catch Phrases Game
Fall Twister Trivia
Hidden Objects
Shut The Box



Scarecrow Day
Run The Alphabet
Shut The Box
Speedy Recall
Golf Dice



FLU SHOT CLINICS

2:30 PM
Tuesday 10/14
Wednesday 10/15

9th: *Wear Black*
17th: *Wear a Monster Shirt*
20th: *Wear Orange*
31st: *Wear Halloween Costume*

Spooktacular Manicures
Halloween Quiz | Uno
Family Feud Game
Manicures & Massages

Ghost Day
Baking w/Ashley
History of Ghosts
Shut the Box
Ghost Craft
Flu Shots 2:30pm



I Love Lucy Day
Collage Detective
I Love Lucy Trivia
Crosswords | LRC
Flu Shots 2:30pm



Witch Day
Witchcraft Word Search
Shut the Box | Witch Craft
Famous Witches Trivia
2pm Prayer Time w/Dick

Monster Mash
Famous Monsters
Guess The Spooky Word
Monster BINGO
Halloween Quiz

Duke & Mo: 2 PM
October 8: Wednesday
October 28: Tuesday

Spooktacular Week

Halloween Painting
Junk Drawer Detective
Halloween Fill in the Blank
Halloween Painting
Golf Dice

Candy Corn Day
Candy Corn Painting
Candy Corn Facts/Trivia
Candy Word Search
Candy Corn Taste Test
3's Away



Fall Fest
Fall Fest Games
Fall BINGO
Give Me 5
UNO | Dick2pm

Niagara Falls Day
Niagara Falls History
Niagara Falls Game
Scategories
Pokeno



Pumpkin Day
Halloween iSpy
Weather BINGO
Pumpkin Facts
Pumpkin Craft



Movie Monster Monday
Name the Monster
Monster Quiz | Trivia
Monster BINGO
Monster Craft



Frankenstein Day
Frankenstein Trivia
Frankenstein Craft
Roll A Frankenstein Game
Spooky Crosswords
Duke @2

Apple Day
Apple Fun Facts
Halloween Twister Trivia
Collage Detective
Baking w/Ashley
Shut The Box



Spooky Craft Day
Halloween Hot Potato
Halloween BINGO
Run The Alphabet
Spooky Craft
2pm Prayer Time w/Dick

Happy Halloween!!
Halloween History
Halloween Putt Putt
Halloween Snack
Halloween Quiz
Give Me 5 Spooky Edition

Available Activities include:

- Physical Therapy Stations.
- Daily Journal, Jokes, & Riddles.
- Bago, BINGO, Bunco, Baking.
- Hair Care, Shower Service.
- Hot Meal, Nu-Step, Field Trips.
- Oscar Awards, Olympic Events.
- Puzzles, Coloring, Ping Pong.
- Painting, Computer, Chair Yoga.
- Multigenerational Celebrations.
- Gardening, Karaoke, Wii Fit.
- Outdoor Patio, Lap Walking.
- Nerf Gun Certification, Crafts.
- Basketball Arcade, Baseball.
- Harmonizing, Improvising.
- Socializing, and Exercising.

Naperville Senior Center Adult Day Services | 1504 N Naper Blvd. Suite 120 | Naperville, IL 60563
NapervilleSeniorCenter.com | info@napervilleseniorcenter.com | 630.857.3017