



- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- 630.857.3017

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



Naperville Senior Center Adult Day Newsletter | December 2025 | Another Year | Blink of an Eye

Merry Christmas!

Home Away From Home!



****Naperville Senior Center Christmas Party:**
 December 19,
 2—4 PM...
 All Are Welcome!



December Holiday Attire:

- 2nd: Wear Festive Socks
- 18th: Wear Green
- 19th: Christmas Party** Outfit
- 22nd: Wear Red
- 23rd: Ugly Sweater Contest

(630) 857-3017... Schedule a **FREE Trial**

Naperville Senior Center Adult Day Staff is grateful to be part of your Caregiving Team.

Holiday Giving Idea:

Donate to Naperville Sr Ctr

Legacy gift | Gift from the heart

Ask us about tax deductible donations

Partner with the NSC community to keep

NSC strong for the future...

Christmas Past



Naperville Senior Center Adult Day Services, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

Our fun, member-centered activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

Full-Day or Half-Day Programs available to fit your family's busy schedule.

Call 630.857.3017 to schedule a FREE

TRIAL. From 11 am to 2 pm, a Future Member and their Caregiver can attend for FREE. Check out our wonderful Community, Member Centered Activities, and meet our Professional Health Care Team. Enjoy a Nutritious Lunch and maybe even meet our Pet Therapy Partner, Duke!



Pam & Mike Cooper
Your Hosts

Naperville Senior Center Adult Day Care is grateful to be part of your Caregiving Team.

5.0 ★★★★★ How Naperville Senior Center Adult Day Can Help... Our Members:

- ◆ Skilled Nursing Care, Nida and Kasia
 - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
 - ◆ Maintain or Improve Functionality
- ◆ Activity Directory, Ashley, Dementia Certified
 - ◆ Member Centered Activities w/Ralph, Ana, Jenn, Sophia, & Karan
 - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor: Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ *Long Term Care Insurance Accepted*



🎵 December 19... Here Comes Santa Claus 🎵



2025

Activity Schedule



Fitness & Activity
Naperville Senior Center
Adult Day Services

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome to December 1 Dec Birthdays Starts with "D" Morning Gazette LRC Dice Game	Festive Sock Day 2 Christmas Price is Right Stocking Craft Photo Shoot Pokeno w/Nancy	Do You Believe Week? Holiday Family Feud 3 Jingle Bell Toss Decode Santa's Secret Message Christmas Family Feud Catch Phrases	Peppermint Brownie Day 4 Roll-A-Christmas Tree Brownie Baking Christmas Riddles Prayer Time w/Dick @2	Winter Wonderland Day 5 Christmas Caroling Guess That Singer Finish The Lyrics Snow Quiz
Christmas Card Day 8 Christmas Traditions T or F Christmas Card Making Christmas Painting Word Scramble	Gingerbread Cookie Day 9 Kings in the Corner Gingerbread Cookie Baking NAMI DuPage Visit Happiness Pie 2pm BINGO	Holiday Projects Week Dice Day 10 Shut The Box Snake Eyes 3's Away Dice BINGO Duke @2	Christmas BINGO Day 11 iSpy Christmas BINGO Christmas Anagrams Prayer Time w/ Dick @2	DIY Ornament Day 12 Making Ornaments Christmas Music BINGO Christmas Sing-A-Long 3's Away Dice Game
Gingerbread House Day 15 Cinnamon Ornaments Christmas Jokes Group Baking Word Search Gingerbread House Decorating	Christmas Tree Day 16 Table Top Games Group Crossword Pinecone Christmas Tree Pokeno w/Nancy	Happy Hanukkah: December 14-22. Cookie Day 17 Baking w/Ashley Christmas Word Search Christmas Painting Cookie Trivia	Grinch Day 18 Christmas Riddles How the Grinch Stole Christmas Who's the Grinchiest Grinch Painting Prayer Time w/Dick @2	NSC Christmas Party 19 Christmas Trivia Name That Carol Christmas Party Entertainment: Mark Santa's Coming To NSC
Candy Cane Day 22 Candy Cane Craft Deck The Halls Candy Cane Game Scavenger Hunt	Ugly Sweater Day 23 Ugly Sweater Photo Shoot Christmas Quiz Pokeno Duke @2	Christmas Week Christmas Eve 24 Baking w/Ashley Christmas Crossword Junk Drawer Detective Christmas Traditions Around The World	Merry Christmas! 25 	Day-Afta' Christmas! 26
Snowflake Day 29 Snowball Toss Game Popsicle Stick Snowflakes Paper Snowflakes Snowball Fight	Hot Coco Day 30 Hot Coco Hour Two Truths & A Lie Collage Detective Pokeno w/Nancy	Happy New Year! New Year's Eve 31 Noon Year's Balloon Drop NYE Scavenger Hunt Mocktail Making New Year's Resolutions New Year's Eve BINGO		

December Attire:
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Canned Food
Donation Box:
 Located In Lobby
 Thru December 26

Duke & Mo
 December 10: Wednesday
 December 23: Tuesday
 2 PM

Available Activities include:
 Physical Therapy Stations,
 Daily Journal, Jokes, & Riddles,
 Bago, BINGO, Bunco, Baking,
 Hair Care, Shower Service,
 Hot Meal, Nu-Step, Field Trips,
 Oscar Awards, Olympic Events,
 Puzzles, Coloring, Ping Pong,
 Painting, Computer, Chair Yoga,
 Multigenerational Celebrations,
 Gardening, Karaoke, Wii Fit,
 Outdoor Patio, Lap Walking,
 Nerf Gun Certification, Crafts,
 Basketball Arcade, Baseball,
 Harmonizing, Improvising,
 Socializing, and Exercising.

Naperville Senior Center Adult Day Services | 1504 N Naper Blvd. Suite 120 | Naperville, IL 60563
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