

Naperville Senior Center Adult Day Services



JANUARY

Activity Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

New Year's Day Week



HAPPY
NEW YEAR!
Not Open Today

Welcome to January
Famous Jan Birthdays
Starts With "J"
Morning Gazette
Shut The Box

Ongoing Activities

Duke & Mo

January 6: Tuesday
January 28: Wednesday
2 PM

Baking w/Ashley

January 6: Brownies
January 14: Cinnamon Rolls
January 21: Nutella Puff Pastry
January 28: Banana Bread
January 30: Homemade Pizza Rolls

Available Activities include:

Physical Therapy Stations, Daily Journal, Jokes, & Riddles, Bago, BINGO, Bunco, Baking, Hair Care, Shower Service, Hot Meal, Nu-Step, Field Trips, Oscar Awards, Olympic Events, Puzzles, Coloring, Ping Pong, Painting, Computer, Chair Yoga, Multigenerational Celebrations, Gardening, Karaoke, Wii Fit, Outdoor Patio, Lap Walking, Nerf Gun Certification, Crafts, Basketball Arcade, Baseball, Harmonizing, Improvising, Socializing, and Exercising.

Tea & Trivia Day
Hot Tea Taste Test
Group Tea Word Search
1960's Trivia
Uno

5



Three Kings Day
Basketball Trivia & Tournament
Three Kings Day History
Collage Detective
Catch Phrases | Duke @2

6



New Year Resolutions Week

Vision Board Day
Crossword Puzzle
I Spy | Pokeno w/Nancy
DIY Vision Board
Kings In The Corner

7

Music Singing and Dancing Week

Billboard Charts Day
3's Away Dice Game
1960's Music Crossword
60's & 50's Music BINGO
Name That One Hit Wonder

12

Rock 'n Roll Day
Guess That Famous Singer
Rock 'n Roll Trivia | Bingo
War Card Game | Tattoos
Pokeno w/Nancy

13

BINGO Day
Anagrams Word Game
Dominoes
BINGO
iSpy

14



Popcorn Day
Corny Jokes
Odd One Out
Twister Trivia
Pirates Booty Taste Test
Prayer Time w/Dick @2

15



Croissant Day
Pigs In A Blanket Making
Baking Crossword
Collage Detective
Water Coloring

16



MLK Day
UNO
MLK History
MLK Crossword
I Have A Dream Craft

19



Pipe Cleaner Snowflake
Spot The Difference
Snowflake Craft
NAMI Visitors
BINGO | LRC Dice Game

20



Winter Craft
Golf Dice Game | Boggle
Pokeno w/Nancy
Snow Quiz
Winter Craft

21



Art Day: Yarn Craft
3's Away Dice Game
Guess The Famous Painters
Collage Detective
Prayer Time w/Dick @2

22

Bird Day
DIY Bird Feeder
Guess The National Bird
Bird BINGO
iSpy

23



Stay Warm Week

Hot Tea Day
Hot Tea Taste Test
Tea Fun Facts
Water Coloring
Bunco

26



Hot Cocoa Day
So You Want To Be a Millionaire | "Drink If" Game
Group Word Search
Canvas Painting
Pokeno w/Nancy

27



Yoga Day: Yoga Quiz
Dice Competition Game
Morning Yoga
Bunco
Duke @2

28



Name That Tune Day
Name That Tune | Music
BINGO | Kings in Corner
Guess The Famous Artist
Prayer Time w/Dick @2

29

Pizza Day
Group Word Search
Pizza Snack Making
Pizza Trivia | BINGO
Collage Detective

30

