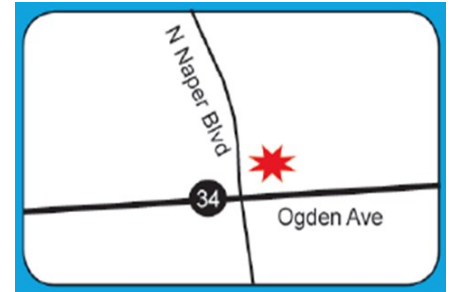




- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- 630.857.3017

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



Naperville Senior Center Adult Day Newsletter

May 1, 2026

# Home **Away** From Home!

New Chapter for Naperville Senior Center...



**Naperville Senior Center Adult Day Staff**  
is grateful to be part of your Caregiving Team.

Come Join The Fun... **Woo-Hoo!**

## Top of the Second: Welcome Sheela and Nag

After 11 wonderful years of serving this community, we are writing to share some personal news. We have decided to retire at the end of May 2026 to begin our next adventure. We are looking forward to traveling through Maine, Connecticut, and Maryland to visit family, with the ultimate goal of settling in the southeast to be near our children and our new 15-week-old grandson.

While we are excited for this new chapter, our priority has always been the continued care of your loved ones. We are thrilled to announce that Sheela and Nag Jaiswal will be joining the management team. Sheela and Nag share our values and are deeply committed to maintaining the high standards of excellence you expect at NSC.

Most importantly, the faces you know and love aren't changing. Our incredible staff—Registered Nurses Nida and Kasia, Activity Director Ashley, and our dedicated CNAs Ralph, Ana, Sophia, Karan, Natalie, Rita, and Paige—will all continue to be here for you.

To ensure a seamless transition, we will remain on-site for eight weeks to provide guidance and support to Sheela and Nag. We look forward to introducing you to them in the coming weeks.

Thank you for the trust and support you have shown us over the years. It has been an honor.

**Naperville Senior Center Adult Day Services**, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

**Our fun, member-centered** activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

**Full-Day or Half-Day Programs** available to fit your family's busy schedule.



**Sheela and Nag Jaiswal**  
**Your Hosts**

## How Naperville Senior Center Adult Day Can Help...

### Our Members:

- ◆ Skilled Nursing Care, Nida and Kasia
  - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
  - ◆ Maintain or Improve Functionality
- ◆ Activity Directory, Ashley, Dementia Certified
  - ◆ Member Centered Activities w/Ralph, Ana, Sophia, Karan, & Rita
  - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

### Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor:
  - ◆ Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ *Long Term Care Insurance Accepted*



**Call 630.857.3017 to Schedule Your FREE TRIAL!**

# May 2026

## Activity Schedule



Welcome Sheela & Nag! Happy Trails Pam & Mike!



### Friday

**Welcome to May 1**  
Monthly Gazette/May Quiz  
All Things "M" Crossword  
7's Card Game

### Special Events

**Cinco De Mayo: 5/5**

**Mother's Day: 5/10**

**Memorial Day: 5/25**  
**NOT OPEN**

**Pet Therapy w/ Duke**  
5/12 & 5/27

**Prayer Time w/ Dick**  
Every Thursday

**Pokeno w/ Nancy**  
5/5, 5/11, 5/19, & 5/26

### Available Activities include:

Physical Therapy Stations,  
Daily Journal, Jokes, & Riddles,  
Bingo, BINGO, Bunco, Baking,  
Hair Care, Shower Service,  
Hot Meal, Nu-Step,  
Oscar Awards, Olympic Events,  
Puzzles, Coloring, Ping Pong,  
Painting, Computer, Chair Yoga,  
Multigenerational Celebrations,  
Gardening, Karaoke, Wii Fit,  
Outdoor Patio, Lap Walking,  
Nerf Gun Certification, Crafts,  
Basketball Arcade, Baseball,  
Harmonizing, Improvising,  
Socializing, and Exercising.

### Monday

**Derby Day 4**  
Horse Racing  
Horseshoe Game  
Spot the Difference  
Baking with Ashley

### Tuesday

**Cinco De Mayo 5**  
Tres Leches Cake Dessert  
Cinco De Mayo Bingo  
Pokeno with Nancy  
Mexico History & Dominoes

### Wednesday

**Wildflower Day 6**  
Flower Painting  
Guess that Flower

### Thursday

**Exploration Day 7**  
iSpY  
Scavenger Hunt  
Famous Birthday's  
Conquest of Everest

### Friday

**Celebrating Mother's Day 8**  
Mother's Day Trivia  
Poems for Moms/Reminiscing  
Hand Massages & Manicures

### Monday

**Golf Day 11**  
Dice Golf  
Mini Golf  
Pokeno with Nancy  
Golf Word Search

### Tuesday

**Bird Day 12**  
Pet Therapy with Duke  
Bird Bingo  
Interesting Birds  
Migratory Birds Facts

### Wednesday

**Pie Day 13**  
Jennings Terrace Visitors  
Baking with Ashley  
Boggle  
Apples to Apples Game

### Thursday

**Biscuit Day 14**  
Homemade Biscuits  
Baking Word Search  
Kings in the Corner  
Collage Detective

### Friday

**Ocean Day**  
Interesting Facts about the Ocean  
Guess the Ocean Animal  
Ocean Painting  
Under the Sea Bingo

### Monday

**Weather Day 18**  
How to Predict the Weather  
Karaoke Songs with  
Weather in the Title  
Weather Crossword

### Tuesday

**Creativity Day 19**  
Pokeno with Nancy  
Coloring/Abstract Art  
Mosaic Tiles Water Coloring  
Color By Number for Adults

### Wednesday

**World Bee Day 20**  
Honey Tasting  
Bee Word Challenge  
Bee Quiz & Honey Bingo  
NAMI Visitors

### Thursday

**Brownie Day 21**  
Baking with Ashley  
Junk Drawer Detective,  
Family Feud  
Words That Start with "B"

### Friday

**Biological Diversity Day 22**  
Nature Bingo  
Amazon Rainforest Creatures  
Amazon Rainforest Trivia  
Forest Day Crossword

### Monday

**Card Games Day 29**  
Kings in the Corner  
Speedy Recall  
7's Card Game  
Lucky Dog & Uno

### Tuesday

**Chocolate Chip Cookie Day 28**  
Baking with Ashley  
iSpY & Water Coloring  
Apples to Apples Card Game  
3's Away Dice Game

### Wednesday

**Grape Popsicle Day 27**  
Pet Therapy with Duke  
Grape Popsicle Snack  
Karaoke & Snake Eyes  
Spot the Difference

### Thursday

**Baseball Day 26**  
Pokeno with Nancy  
Baseball Tournament  
Famous Baseball Players  
Baseball Bingo

### Friday

**Memorial Day Not Open**