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August

Activity Schedule



**MEMORY CARE &
ACTIVE DAY COMMUNITY**

Monthly Guests

Dick Every Thursday,
Crafts w/ Nancy Every Tuesday,
&

Duke & Moe Tuesday
August 12th & 26th

2:00 PM



Available Activities Include:

Physical & Occupational Therapy, Chair Yoga
& Exercise, Walking, Dance Fitness &
Movement, Meditation & Relaxation,
Nu-Step & Daily Bulletin & Events, Trivia,
Jokes & Riddles, Brain Games & Puzzles,
Boggle & Word Games, Bingo & Bunco, Card
& Dice Games, Coloring & Painting, Crafts &
Seasonal Crafts, Hair Care & Spa Services,
Hot Meals, Special Events & Birthday
Celebrations, Karaoke & Music Activities,
Outdoor Patio Time, Ping Pong, Nerf Games,
Bowling, Sports Activities, Balloon
Volleyball, Bean Bag Toss, Target Games,
Mini Golf, Scavenger Hunts, Prayer, &
Birthday & Special Events Celebrations

Activities Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome August 3 Monthly Gazette Famous August Birthdays 	Bowling Day 4 Rock 'n' Roll Bowling Bowling Word Search Pokeno w/ Nancy 	Memory Lane Day 5 Bring in Old Photos Then & Now Trivia Dear Younger Me 	Hula Hoop Day 6 Hungry Hippo Hoop Roll The Hoop Hoop Target Toss 	Friendship Day 7 Friendship Bracelet Making Get to Know You Game
Carnival Day 10 Plate Clown Craft Coloful Target Toss Ring Toss Rally 	Senior Spotlight Day 11 Celebrate Our Seniors Senior Superlatives- Star Craft w/ Nancy 	National Sunflower Day 12 Flower Trivia Pet Therapy w/ Duke Grow Like A flower Yoga 	Bullseye Bash Day 13 Axe Throwing Competiton Color Target Toss Bean Bag Bullseye 	Move & Groove Day 14 Stage Star Crafts Sing & Boogie Bash
Relaxation Day 17 Mindful Movements Yoga Color Your Calm Spa Day Social 	Beach Day 18 Beach Balloon Volleyball Ocean Paintings 	Game Show Day 19 Family Fued Bozo Buckets Brain Busters 	Teammate Day 20 Team Games Competition Sports Team Trivia 	Members Choice Day 21 Members Favorite Day: Games, Music & Memories
Play Outside Day 24 Outdoor Ring Toss Sidewalk Games Bean Bag Toss *Weather Permitting* 	Western Day 25 Cowboys Wordsearch Horseshoes Painting w/ Nancy 	Lemonade Day 26 Lemonade Sip n' Paint w/ Nancy Summer Memories 	Detective Day 27 Team Mystery Game ISpy Group Detective 	Gratitude Day 28 What Makes You Smile? Thank You Cards Gratitude Ball Toss

Picnic Day! 31
 Lunch on the "Patio"
 Outdoor Games

 Weather Permitting

Private transportation!
 Can Be Arranged To & From The Center, Making
 Each Day Easier For The Whole Family!

